



Please fill out the enclosed new client questionnaire form. You will have ample opportunity to address any concerns that require more detail during your appointment.

Please bring in a list of any pharmaceutical or over the counter drugs, herbs or supplements you take on a regular basis with the frequencies, dosages and dates you take them.

If you are taking herbal medicines or supplements regularly, please bring them in their original containers so that ingredients and amounts can be checked.

Feel free to bring along any medical records, blood tests or other pertinent medical information you think maybe helpful.

Client confidentiality will be observed under all circumstances.

If you have any questions, please let me know.